

Hi all Moey's

Welcome to this week's Moana Bulletin. Please see the notices for this week.

Ponder of the week



Would you like to do the Silver Medallion in Aquatic Rescue?

If the answer is yes, please complete the attached link.

Would you like to join a group of Moana boaties travelling to Robe for a fun weekend?

If the answer is yes – come down with us on Friday 6th December until Sunday 8th December. **Everyone is welcome** and it should be a great weekend where you can catch some surf. Book in to https://www.seavucaravanpark.com.au/ and let them know you are with Moana.



Training Timetable

More coming soon...but for the time being

Seniors and Cadets/Youth

Mon	Tues	Wed	Thu	Fri	Sat	Sun
	Boards	HiiT with	Boards with		Iron training 12pm	Skis 8am with
	6pm	Jamie at	Michael at		with Harvey	Harvey
	with	5.30pm all	6pm			Boards with
	Toby	welcome	Swimming			Max at 9am
			State Swim			all welcome
			7pm			

Juniors

Mon	Tues	Wed	Thu	Fri	Sat	Sun
	Boards	U13 and	Swimming	Boards	Nippers and Mini	
	5.50pm with	above HiiT with Jamie	State Swim 6pm	5.50pm	Moes	
	Jamie	at 5.3opm all welcome				

Help needed to for a big fundraiser

On 15th December we will be hosting the Moana Triathlon.

We will need to provide: IRB x2 with driver crew 4-6 member on boards 2-3 people on beach First Aid person

Set up start time approx. 6:30 am Water work – 7:30 to 9:00am

We really need triathlon support from SRC & bronze holders. Please contact Stuart of you can help on 0415 286 284



The Meat Tray Roster

Please see the roster below for who will be up for selling the tickets for the meat tray for the rest of the year:

- 22/11/2019 Vice President Moana SLSC
- 29/11/2019 Pete (kero) Sponsorship officer
- 6/12/2019 Rob and the junior parents
- 13/12/2019 Max and the senior competitors
- 20/12/2019 Jamie and the boaties
- 27/12/2019 Nat's bronzes' in training

The President has offered a star prize to the team who raises the most in an evening.

The Moana SLSC Calendar

Our online live calendar can be found at http://moanaslsc.com.au/moana-calendar/

Nippers 1.30pm start and Mini Moes 3pm start is included in the calendar, but in the more section on a Saturday.

18	19	20	21	22	23	24
	• 18:00 Board training	• 17:30 HiiT training - everyon	 18:00 Junior Swimming 19:00 Senior's swimming at 	18:00 Friday night meals	Band - Salt water 12:00 F Patrol - Full 3 more	08:00 Ski training10:00 Board and Ski training12:00 G Patrol - Full
25	26 • 18:00 Board training	27 • 17:30 HiiT training - everyon	28 • 18:00 Junior Swimming • 19:00 Senior's swimming at	29 • 18:00 Friday night meals	Regee Night 12:00 A Patrol - Full 3 more	Dec 1 07:30 Youth Carnival 08:00 Ski training 2 more
2	3 • 18:00 Board training	4 • 17:30 HiiT training - everyon	5 • 18:00 Junior Swimming • 19:00 Senior's swimming at	6 • 18:00 Friday night meals	7 • 12:00 E Patrol - Full • 12:00 Iron person training 3 more	8 Triple Crown 0 08:00 Ski training 2 more
9	10 • 18:00 Board training • 18:30 BOM meeting	11 • 17:30 HiIT training - everyon	12 • 18:00 Junior Swimming • 19:00 Senior's swimming at	13 • 18:00 Friday night meals	14 • 12:00 C Patrol - Full • 12:00 Iron person training 2 more	Nipper Carnival 2 06:00 Moana Triathlon - VOI 3 more

If you would like to include anything in the Bulletin, please email <u>secretary@moanaslsc.com.au</u> or text 0427197260. 19th November 2019.