

Moana SLSC Bulletin

Department of Sport Australia
Club Development Program



Proudly a recognised STARCLUB



Hi all Moey's

Welcome to this week's Moana Bulletin. Please see the notices for this week.

Get a great discount for members



Preece's Surf Shop give a loyalty discount to members for 10% discount on all full price purchases of clothing and wetsuits in store. Please show, members will have to show their club card to receive discount.

Address Preece's Surf Shop 159 Esplanade Port Norlunga South 5167. Phone 83860404.

<http://www.preece-sthport-surf.com.au/>

If you don't have a membership form, please email Ange secretary@moanaslsc.com.au and we will leave you one behind the bar.

Dates for your diary

Moana SLSC Working Bee – *Sunday 22nd September* from 9am to 2pm.

Please come down and help get ready for the new season.



Moana SLSC Launch – *Sunday 29th September* from 4pm. Please come down and celebrate.

Winter Training Timetable

More coming soon...but for the time being

Mon	Tues	Wed	Thu	Fri	Sat	Sun
		Hiit with Max at 5.30pm all welcome	Swimming State Swim 7pm			Boards with Max at 10am all welcome

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Ponder of the week



Calling all wantabe coaches

Come to a meeting on Wednesday 11th September at 5pm to find out how the Onkaparinga Coach Developer program can help you. Everyone welcome.

To see the Board of Management minutes

Please see the link that has been sent to all members in the email that our members received this Bulletin.

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The Moana SLSC Calendar

Our online live calendar can be found at <http://moanaslsc.com.au/moana-calendar/>

9	10 <ul style="list-style-type: none"> ● 18:30 BOM meeting 	11 <ul style="list-style-type: none"> ● 17:00 Moana SLSC ● 17:00 Onkaparina Coach De ● 17:30 HiIT training - everyon 	12 <ul style="list-style-type: none"> ● 19:00 Senior's swimming at 	13 <ul style="list-style-type: none"> ● 18:00 Friday night meals 	14	15 <ul style="list-style-type: none"> ● 12:00 Board and Ski training
16	17	18 <ul style="list-style-type: none"> ● 17:30 HiIT training - everyon 	19 <ul style="list-style-type: none"> ● 19:00 Senior's swimming at 	20 <ul style="list-style-type: none"> ● 18:00 Friday night meals 	21	Moana SLSC Working Bee (Pl <ul style="list-style-type: none"> ● 12:00 Board and Ski training
23	24	25 <ul style="list-style-type: none"> ● 17:30 HiIT training - everyon 	26 <ul style="list-style-type: none"> ● 19:00 Senior's swimming at 	AFL Grand Final Friday (Victo <ul style="list-style-type: none"> ● 18:00 Friday night meals 	28	29 <ul style="list-style-type: none"> ● 12:00 Club Launch ● 12:00 Board and Ski training
Queen's Birthday (Western At 30	Oct 1	2 <ul style="list-style-type: none"> ● 17:30 HiIT training - everyon 	3 <ul style="list-style-type: none"> ● 19:00 Senior's swimming at 	4 <ul style="list-style-type: none"> ● 18:00 Friday night meals 	5	Daylight Saving Time starts <ul style="list-style-type: none"> ● 12:00 Board and Ski trainir

If you would like to include anything in the Bulletin, please email secretary@moanaslsc.com.au or text 0427197260. **10th September 2019.**