



Hi all Moey's

Welcome to this week's Moana Bulletin. Please see the notices for this week.

Ponder of the week

TO DAY
is the
DAY

Needed for Saturday morning

IRB crew and driver to support a Bronze assessment that is happening at Moana. You would need to be at the club by 8.45am. Please can you let Ange Farrier know if you can help presidents@moanaslsc.com.au

Membership deadline

If you have not paid your membership by 31st October you will not be permitted to patrol or train, as you will not be covered by our insurance. Please [pay online here](#), prices can be [found here](#).



Moana SLSC Bulletin

Want to do First Aid or ART?

ART (no prerequisites) at Moana SLSC on Saturday 9th November 9am start, with a full day and the assessment at the end of the day. Please email training@moanaslsc.com.au to register.

First Aid Sunday 10th November at Port Noarlunga. \$105 for clubbie, \$50 if you are doing the Bronze at the moment. Register online <https://www.surflifesavingsa.com.au/>

Have you got your free Hi Viz yet?

Don't forget as part of your membership you get a free Hi-viz. One for an active/Junior membership and two with a family membership. See Christine and the Apparel team on Saturday to collect yours.

Training Timetable

More coming soon...but for the time being

Seniors and Cadets/Youth

Mon	Tues	Wed	Thu	Fri	Sat	Sun
	Boards 6pm with Toby	HiiT with Jamie at 5.30pm all welcome	Swimming State Swim 7pm		Iron training 12pm with Harvey	Skis 8am with Harvey Boards with Max at 9am all welcome

Juniors

Mon	Tues	Wed	Thu	Fri	Sat	Sun
	Boards 5pm with Jamie	U13 and above HiiT with Max at 5.30pm all welcome	Swimming State Swim 6pm	Boards 5pm	Junior and Cadet boards 3pm with Jamie	

Moana SLSC Bulletin



The Moana SLSC Calendar

Our online live calendar can be found at <http://moanaslsc.com.au/moana-calendar/>

Nippers 1.30pm start and Mini Moes 3pm start is included in the calendar, but in the more section on a Saturday.

MON 28	TUE 29	WED 30	THU 31	FRI Nov 1	SAT 2	SUN 3
	<ul style="list-style-type: none"> 18:00 Board training 	<ul style="list-style-type: none"> 17:30 HiiT training - everyone 	<ul style="list-style-type: none"> 18:00 Junior Swimming 19:00 Senior's swimming at 	<ul style="list-style-type: none"> 18:00 Friday night meals 	<ul style="list-style-type: none"> 12:00 G Patrol - Full 12:00 Iron person training 3 more 	<ul style="list-style-type: none"> 08:00 Ski training 10:00 Board and Ski training 12:00 A Patrol - Full
<p>4</p> <p>Recreation Day (Tasmania)</p>	<p>5</p> <p>Melbourne Cup Day (Victoria)</p> <ul style="list-style-type: none"> 18:00 Board training 	<p>6</p> <ul style="list-style-type: none"> 17:30 HiiT training - everyone 18:00 SPIN 	<p>7</p> <ul style="list-style-type: none"> 18:00 Junior Swimming 19:00 Senior's swimming at 	<p>8</p> <ul style="list-style-type: none"> 18:00 Friday night meals 	<p>9</p> <ul style="list-style-type: none"> 09:00 Moana ART course CI 12:00 B Patrol - Full 3 more 	<p>10</p> <ul style="list-style-type: none"> 08:00 Ski training 10:00 Board and Ski training 12:00 C Patrol - Full
<p>11</p> <p>Remembrance Day</p>	<p>12</p> <ul style="list-style-type: none"> 18:00 Board training 18:30 BOM meeting 	<p>13</p> <ul style="list-style-type: none"> 17:30 HiiT training - everyone 	<p>14</p> <ul style="list-style-type: none"> 18:00 Junior Swimming 19:00 Senior's swimming at 	<p>15</p> <ul style="list-style-type: none"> 18:00 Friday night meals 	<p>16</p> <ul style="list-style-type: none"> 12:00 D Patrol - Full 12:00 Iron person training 2 more 	<p>17</p> <ul style="list-style-type: none"> 07:30 Nipper Carnival 1 08:00 Ski training 2 more

If you would like to include anything in the Bulletin, please email secretary@moanaslsc.com.au or text 0427197260. 29th October 2019.