



*Hi all Moey's*

*Welcome to this week's Moana Bulletin. Please see the notices for this week.*

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## *Social walk (Duke of Edinburgh's International Award Practice)*

*Sunday 24<sup>th</sup> May - All Welcome*

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Starting point is across the road from the Kuito hall. Plenty of car parking.

Meeting at 8:30 am, for an 8.45am start. It takes no more than 30mins to drive there, from Moana SLSC. If anyone needs to follow a car to get there, please meet at club at 7:50am head out by 8am.

Duke of Edinburgh participants to use backpack and carry 2 – 5kg. 1 lt water equals a 1kg.

Bring own snacks will eat on the go. You will need to bring protective clothing, sunscreen. A first aid kit is recommended.

The trail is 12km in distance it will be on hail, rain or shine. It is a nice and wide track so good for social distancing measures.

No toilets at all so pack some tissues & hand sanitiser.

If wet some spare clothes to jump into for the trip home are recommended.

For map and GPX file, please [click here](#).

For more information please get in touch with Becky 0414846382 or Ange 0427197260.

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## *Duke of Edinburgh's International Award Adventurous Journey 6<sup>th</sup> to 10<sup>th</sup> July*

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Are you completing the Duke of Edinburgh's International Award? Would you like to?  
If the answer is Yes to either of the above, the following information is for you.

Kaila Harris and Rory Phillips (Gold Duke of Ed participants), have arranged our latest Adventurous Journey. If you are interested in taking part, of all or some of the journey, please can you register your interest with Angela via 0427197260 or [secretary@moanaslsc.com.au](mailto:secretary@moanaslsc.com.au). Please also get in touch with any questions.

More information about the journey is on the next page.

# Moana SLSC Bulletin

## *Heysen Trail Monday 6<sup>th</sup> to Friday 10<sup>th</sup> July – Adventurous Journey*

Completing the Heysen Trail from Inman Valley to Mylor.

### 6<sup>th</sup> July - Monday

Inman Valley to Myponga (to Mt Cone Tank camp ground) <https://heysentrail.asn.au/heysen-trail/sections/inman-valley-to-myponga/> Starting at 8am on James Track and finishing on Haskett Road (by camp site). **25km walk.**

Staying at [Mt Cone Tank camp ground](#) – free.

### 7<sup>th</sup> July - Tuesday

Myponga to Mt Compass (to Finniss Conservation Park) <https://heysentrail.asn.au/heysen-trail/sections/myponga-to-mt-compass/> Starting on Haskett Road and finishing at Finniss Conservation Park camp ground (near Mt Magnificent Road). **18km walk.**

Staying at [Finniss Conservation Park](#) - free

### 8<sup>th</sup> July- Wednesday

Mt Compass to Kyeema <https://heysentrail.asn.au/heysen-trail/sections/mt-compass-to-kyeema/> Starting at Finniss Conservation Park camp ground and finishing at Brookman Road, where the trail crosses the road (support people will drive back to the campsite). **19km walk.**

Staying at [Cookarloo Campsite](#) – (booking needed on 25<sup>th</sup> May – cost TBC and paid for by the participants).

### 9<sup>th</sup> July - Thursday

Kyeema to Dashwood Gully <https://heysentrail.asn.au/heysen-trail/sections/kyeema-to-dashwood-gully/> Starting where the trail crosses the road Brookman Road (support people will drive from the campsite) to Rocky Creek Hut (Razorback Rd). **15km walk.**

Staying at [Rocky Creek Hut](#) – Cost \$60 for the hut, booking not available yet if not stay a second night at Cookarloo and drive to back after the walk finishes.

### 10<sup>th</sup> July - Friday

Dashwood Gully to Mylor <https://heysentrail.asn.au/heysen-trail/sections/dashwood-gully-to-mylor/> Starting at Rocky Creek Hut and finishing at Mylor, where the participants will go home for a rest. **16km walk.**

This event is supported by Angela Phillips, Becky Harris and Toby Phillips (past Gold DofE participant). We are looking for other people to support the walk, it is during the week.

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*Lifesavers with PRIDE*

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[Lifesavers with Pride](#) (LWP) have been promoting Surf Life Saving as proud and safe for the LGBTIQ+ community since 2006. In the last six months they have been busy working with state offices, branches and surf clubs to create a more inclusive organisation at all levels. If you would like to find out more please get in touch via:

- email [info@lifesaverswithpride.com.au](mailto:info@lifesaverswithpride.com.au)
- website at [www.lifesaverswithpride.com.au](http://www.lifesaverswithpride.com.au) and
- follow us on social media [@lifesaverswithpride](#).

Moana SLSC is a safe and inclusive community and we fully support Lifesavers with Pride.



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*Ponder of the week*

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Like walking on Sunday 😊