



Surf Life Saving Australia - Circular

Title:	Launch of the 35 th Edition Public Safety and Aquatic Rescue Training Manual and Bronze Medallion and Surf Rescue Certificate resources
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Summary:	The 35th Edition of the Public Safety and Aquatic Rescue training manual and Bronze Medallion and Surf Rescue Certificate resources are soon to be released. This circular provides a summary of the review process, new resources available and changes from the 34 th to 35 th edition.

Introduction

The SLSA Public Safety and Aquatic Rescue (PSAR) training manual reflects SLSA’s commitment to continuous improvement in surf lifesaving training techniques, based on best practice in public safety and the prevention of drowning.

The Public Safety and Aquatic Rescue Training Manual is the foundation of lifesaving and lifeguard training across all SLS activities. Aligned to the PUA20119 Certificate II in Public Safety (Aquatic Rescue), the manual covers key concepts and techniques, specifically written to cover SLS requirements as determined by the lifesaving committees. In order to keep pace with the public safety industry, the manual is reviewed regularly and updated as required.

The Surf Rescue Certificate and Bronze Medallion award provide members with the skills and knowledge to deliver water safety and also participate as part of a patrol.

Between September 2019 – January 2020, a national pilot was delivered using the full suite of updated resources involving 35 clubs and 47 courses, with 888 enrolments in the online course

The review process

A national SLS curriculum review took place from 2017-2018 to establish what a lifesaver needs to know and do—both now and in the foreseeable future. This review produced 10 training modules within the Bronze Medallion (BM) that cover the core requirements of an entry-level qualified lifesaver. It also produced a new curriculum for the Surf Rescue Certificate (SRC) that is now made up of six of the 10 Bronze Medallion (BM) modules to provide a clearer pathway for Water Safety Personnel or SRC patrolling members to transition from the SRC to the BM.

Surf Rescue Certificate			
Introduction to SLSA	Safety and Wellbeing	Radio Operations	
Surf Awareness	Rescue	Resuscitation	
Bronze Medallion (SRC +)			
Emergency Care	Communication	Spinal Management	Patrol Operations



Following this review, the SLSA Public Safety and Aquatic Rescue training manual was reviewed and updated to align with the new curriculum modules and the latest best practices. The new 35th edition manual (PSAR35) was developed by an editorial working



panel made up of expert SLS members and staff from around Australia. It was also extensively reviewed by various sense check groups, consultative reference groups and members from all national management and advisory committees.

The Publications App and Manual Price



In response to feedback from the membership, and to ensure that SLS keeps in line with international best practice, the PSAR35 is available in an electronic format. This allows for greater integration of resources and thereby provides a more robust user experience, while also allowing for timely changes to content as industry changes occur.

The Publications App is free to download from the Apple App Store for apple users or the Google Play Store for android users. Members can then gain access to the PSAR35 in three ways, all through the SLSA members online store (accessed via the SLS Members Area).

1. Individual members purchase their copy of the PSAR35. Once you login to the Publications App, you will be recognised as having purchased the manual, and it will appear as a publication for you to access.
2. Clubs/Branches purchase multiple copies of the PSAR35 and are issued with codes which are then distributed to their members. The member then uses this code to 'buy' their manual from the SLSA members online store.
3. All currently endorsed Trainers, Assessors and Facilitators of Surf Rescue Certificate and Bronze Medallion and related awards (First Aid, Radio, Resuscitation, Spinal Management, Probationary TAF) will automatically have free access to the PSAR35. Simply login to the Publications App and if you are eligible, access will be granted. Should your endorsement lapse, your access will expire.

The electronic manual costs \$10. This price includes all updates which are released of the 35th edition, and these will be automatically updated in your app. Members must first download the Publications app for mobile devices (smart phones and tablets). More information about the SLS Publications app can be found within the SLSA IT Helpdesk website.

The Publications app is accessed using your members Area login details, so there is no need to remember another login. Should you have forgotten your username and/or password, a reminder of your username, and if required, also reset of your password can be completed through the Members Area website at members.sls.com.au.

New SRC and BM Courses

Along with the updated PSAR35 training manual, a new set of Surf Rescue Certificate and Bronze Medallion course resources have been created.

Key changes of the new resources are marked by the shift to a blended learning approach, effectively utilising technology to create user friendly, interactive and engaging learning opportunities.

There are three new course delivery formats which have been designed to shift the focus of face-to-face training to be more practical in developing skills, complemented by online learning sessions to cover the theory components. Skills and knowledge are cemented through scenario-based practical assessments.

Theory assessments are now online and are automatically marked, and Assessors can use the Assessing App to mark their practical assessments off, meaning results will be automatically updated in SurfGuard.

The infographic below shows the new resources which are available to utilise by our Trainers, Assessors and Facilitators in the delivery of both courses.

NEW RESOURCES FOR TAFs



Delivery & Assessment Guide

The Delivery and Assessment Guide (DAG) for the SRC and BM is a guide for how to train and assess the 2 courses. It has 3 sections:

1. Training
2. Assessment
3. RTO Compliance Information



Course Overview

The Course Overview for the SRC or BM includes information on:

- Course aims
- Entry requirements
- Learning outcomes
- Certification
- Currency and RPL



Course Guide

New Course Guides contain summarised and detailed session plans for each of the 3 course delivery formats, along with example course schedules and a selection of activities and scenarios. The 3 delivery formats are:

1. Evening and weekend
2. Intensive
3. SRC-BM Transition



Assessment Portfolio

The Assessment Portfolio contains checklists and templates to ensure all assessment evidence is collected for the SRC, BM or the SRC-BM Transition program.



PowerPoint

One PowerPoint presentation for both the SRC and BM is available. Slides align with the session plans within the new course guides.



Learner Guide

The Learner Guides help participants to navigate their learning journey and help them to prepare for assessment. They include reflection questions, assessment benchmarks, cheat sheets and posters.

Implementation

The 35th Edition is aligned to the PUA20119 Certificate II in Public Safety (Aquatic Rescue). All Trainers, Assessors and Facilitators who are currently endorsed as per their State/Territory requirements will be able to continue delivering the Bronze Medallion and Surf Rescue Certificate with the new manual, however will need to complete a state/NT induction to ensure that they are familiar with the new delivery methods and content. The PSAR35 and associated resources must be used exclusively from the start of the 2020/21 season.

Key changes from 34th to 35th edition

1. Oxygen administration training removed.
2. Content on the application of arterial tourniquets has been expanded upon for Bronze Medallion training.
3. Addition of spinal care content and how to assist with extraction and relocation of victims with a suspected spinal injury.
4. Mental health section added.
5. Member protection topic added.
6. New content on preparing for a rescue and team preparedness for a rescue operation.
7. New content on situational awareness.
8. Removed in-water rescue breathing content.
9. New 'Pause and plan' and 'Key factors influencing rescue decisions' content added as part of risk assessment prior to commencing a rescue.
10. New content on post-rescue operations.
11. New content on equipment cleaning and maintenance following a rescue.



12. Addition of more signs to distinguish/recognise a distressed or drowning victim.
13. Information on immobilisation has been expanded upon to include instructions for 2 types of slings— Elevated sling ('Upper arm sling') and Large arm sling ('Lower arm sling').
14. New content on appropriate use of social media.
15. New content on building relationships through communication.
16. New information on the principles of conflict resolution.
17. New content on communication with an aggressive person(s). Includes de-escalation and safety strategies.
18. Increased reference to communicating with people from diverse backgrounds and overcoming communication barriers.
19. New information on preventative actions.
20. New detailed information of what to do and ask in case of a missing person.
21. New information about working with fire and rescue emergency services.
22. New information about working with remotely piloted aircraft ('drones').
23. New information on team debriefs at the end of patrol.
24. Greater diversity of age, gender and cultural background shown within the photos and illustrations.

New SRC and Bronze Medallion Overview of key changes

NEW Curriculum

- Removal of emergency care and patrol operations from the SRC curriculum
- Increased emphasis on safety and wellbeing and risk assessments
- Addition of new spinal management procedures
- Inclusion of the use of tourniquets
- Removal of the use of oxygen
- SRC participants will now receive four (4) units of competency

NEW Online Manual

- Digital PSAR35 manual with interactive features and an enhanced search function, accessed through the new SLS Publications app

NEW Learning Resources

- New interactive modules with badges and medals to drive engagement
- Blended learning with a much more integrated approach to support the learning journey
- Specific lesson plans to support three (3) different formats of learning delivery
- New activities and scenarios to support engaging delivery

NEW Assessment Approach

- Online theory assessments which are automatically marked
- More realistic scenario-based assessments
- Clearer performance criteria with observation checklists



Further information

If you have any questions, concerns or feedback regarding the PSAR35, Bronze Medallion or Surf Rescue Certificate resources, please contact SLSA directly so that we can address the issue or collate for review at a later date. Please contact Pamela Simon at education@slsa.asn.au. Please speak with your State/Territory Education Manager if the matter is related to your State/Territory rollout.