



Hi all Moey's

Welcome to this week's Moana Bulletin. Please see the notices for this week.

Ponder of the week

ANY EXERCISE
IS BETTER
THAN NO
EXERCISE.

Walks this weekend

Everyone is welcome to come along and support the Duke of Ed kids with their walking preparation or just come along for some exercise and a chat.

Meeting on Saturday 19th June at Kuito car park opposite the Hall 8.30am for an 8.45am start. It is approximately 16km. Please also bring a waterproof, snacks and a first aid kits.

Everyone welcome, bring your friendly dogs too.

For more information please get in touch with Ange 0427197260 or Becky 0414846382.

If you would like to book in for training on Sunday – please see below.

Sunday board training with Max at 10am. You must [book in](#) and have read [all the COVID-19 information](#).

Bar and Gym opening from 26th June

You must book in. More details to follow this week.